

Incline Your ear, O Lord; answer me, for I am afflicted and poor. Keep my life, for I am devoted to You; save your servant who trusts in You. You are my God; have pity on me, O Lord, for to You I call all the day. Gladden the soul of Your servant, for to You, O Lord, I lift up my soul. For you, O Lord, are good and forgiving, abounding in kindness to all who call upon You. Hearken, O Lord, to my prayer, and attend to the sound of my pleading. In the day of my distress, I call upon You, for You will answer me. For You are great, and You do wondrous deeds; You alone are God. I will give thanks to You, O Lord my God, with all my heart, and I will glorify Your name forever. Great has been your kindness towards me; You have rescued me (Ps 86).

#### **SCRIPTURAL PASSAGES DURING TIMES OF ILLNESS**

Psalms 23, 86, 143

Mark 5:24-34

Romans 5:3-5, 8:16-18, 31, 37-39; 12:1, 2

James 5:10-17

#### **PRAYER OF THANKSGIVING AFTER RE- COVERY**

O Lord, Jesus Christ! You are the life and strength of all who put their trust in You. Your mercies are without number. The treasury of Your goodness is inexhaustible. I thank You for the blessings You have bestowed on me, and I beseech You to continue revealing Your goodness to me. As it pleased You to restore my bodily health, so now endow my soul with all heavenly graces and perseverance in good works. Enlighten me in this life to seek enjoyment of eternal happiness in the life of the world to come. For to You alone is due all glory, thanksgiving, and worship, together with Your Father, who is without beginning, and Your all-holy Spirit, now and ever, and unto ages of ages. Amen.

**FOR MORE INFORMATION,  
PLEASE CONTACT:**

## PRAYERS AND MEDITATIONS IN TIMES OF ILLNESS



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## PRAYERS DURING ILLNESS

**I.** O Almighty God, Holy King, Physician of my soul and body! You do not wish our death. You lift up those who have fallen. You raise those who have been cast down and You ease the physical and spiritual ills of your People. I beseech You, my God, to have mercy on me. Heal my soul and body. Cleanse and cast out every suffering, disease, illness, and weakness of my body and soul. Send down, O Lord, Your healing power. Strengthen my body. Diminish my fever. Alleviate my suffering. Be a physician to me. Raise me from my sick bed and restore my health. Grant that, through the prayers of Your Church, I may please You by always doing Your will. For only You can be all-merciful and save me, O God, and to You I give glory: Father, Son, and Holy Spirit, now and ever, and unto ages of ages. Amen.

**II.** O God, the Father of Our Lord Jesus Christ! Your presence offers strength and the patience to endure all things. Relieve me in my distress. Sustain me when I feel hopeless and depressed. In my illness, bless and strengthen me, day by day. Guard me from impatience and irritability. May Your divine blessing fill every means necessary for my recovery. Grant me the ability and the desire to cooperate with You and with those caring for me. Grant that faith and hope may be so strengthened and confirmed that I may never openly

complain or murmur. Fill me with Your Light, that with the eye of faith I may see beyond my illness and, in remembrance of past blessings, be encouraged to hope for and accept the comfort You offer me. Help me to believe that in times of discouragement Your presence will sustain me. Give me faith to believe that all things work together for good for those who love You. Sanctify my days and bring peaceful nights, that I may be restored to health and strength through Your Son, Jesus Christ, with whom You are blessed, and Your all-holy, good, and life-giving Spirit, now and ever, and unto ages of ages. Amen.

## PRAYER BEFORE AN OPERATION

O Lord, Jesus Christ our God! You patiently endured the scourging and wounding of Your sacred body, that You may save the souls and bodies of Your people. Look now graciously on my suffering body and give me the strength to bear patiently whatever awaits me. Bless the people and all the means which will be used to restore me to health, and grant that I may accept my bodily sufferings as a means of sharing in your life and glory. For You, O Christ my God and Savior, are merciful, and I offer You glory, together with Your Father, who is without beginning, and Your all-holy and life-giving Spirit, now and ever, and unto ages of ages. Amen.

## PRAYER FOR THOSE WHOSE ILLNESS GROWS WORSE

O Lord, Jesus Christ our Savior! For our sake You came into this world and offered Your life for our salvation. As I share in your sufferings, allow me to share also in Your grace and presence. Wash away the stains of my sins. In your love and mercy cleanse my iniquities. Consider the faith I place in You. And, as my health fails, increase in me your bountiful presence. May I stand firm in my faith. May my hope in You never fail. May my love for You never grow cold. May the fear of death never cause me to abandon trust in You, but, persevering to the end, may I say to You: “Into Your hands, O Lord, I commend my spirit.” Make me worthy to enter into Your everlasting Kingdom and to rejoice with Your saints not ages of ages. Amen.

## PRAYER TO THE THEOTOKOS

Beneath your compassion we take refuge, O Virgin Theotokos! Despise not my prayers in my necessity, but deliver me from all danger and harm. O most glorious ever-Virgin Mary! Pray to your Son, our Savior and God, that He will have mercy on me. Amen