

# Great-Martyr Theodore the Recruit (ca. 306)

## Kontakion - Tone 8

Common Chant

arr. from L'vov/Bakhmetev

Tone 8

Soprano  
Alto

Hav - ing ac - cepted in your heart faith in Christ as a shield,

Tenor  
Bass

you tram - pled down the adverse powers, O greatly - suf - fer - ing One.

There - fore, you have been e - ternally crowned with a heavenly

di - a - dem, since you are in - vin - ci - ble, O The - o - dore.