

# Great-Martyr Theodore the Recruit (ca. 306)

## Kontakion - Tone 8

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Carpatho-Rusyn Chant

Soprano  
Alto

Hav - ing ac - cept - ed in your heart faith in Christ as a shield,

Tenor  
Bass

you trampled down the adverse powers, O great - ly - suf - fer - ing One.

There - fore, you have been eternally crowned with a heav - en - ly

di - a - dem, since you are in - vin - ci - ble, O The - o - dore.